

| Pl | Stnr | Name | Zeit | | | | | | | | | | | | | |
|----------------|------|-----------------------|--------|---------------|--------------|-------------|--------|--------|--------|--------|--------|---------|-------|-------|--|-------|
| D10 (7) | | | | | | | | | | | | | | | | |
| | | | 1(222) | 1,5 km | 20 Hm | 10 P | 5(218) | 6(206) | 7(220) | 8(217) | 9(205) | 10(200) | Ziel | | | |
| 1 | | Mia Rex | 22:39 | 1:21 | 3:04 | 4:01 | 8:49 | 9:57 | 13:02 | 14:34 | 15:45 | 18:06 | 22:05 | 22:39 | | |
| | | OLV Potsdam | | 1:21 | 1:43 | 0:57 | 4:48 | 1:08 | 3:05 | 1:32 | 1:11 | 2:21 | 3:59 | 0:34 | | |
| 2 | | Marie Schindler | 24:26 | 1:32 | 3:12 | 4:05 | 7:04 | 8:04 | 11:41 | 17:46 | 19:14 | 20:53 | 23:49 | 24:26 | | |
| | | OK Mark Brandenburg | | 1:32 | 1:40 | 0:53 | 2:59 | 1:00 | 3:37 | 6:05 | 1:28 | 1:39 | 2:56 | 0:37 | | |
| 3 | | Louisa Kalisch | 27:55 | 3:06 | 5:41 | 7:18 | 11:15 | 14:28 | 17:03 | 21:18 | 22:46 | 25:14 | 27:03 | 27:55 | | |
| | | TSC Strausberg | | 3:06 | 2:35 | 1:37 | 3:57 | 3:13 | 2:35 | 4:15 | 1:28 | 2:28 | 1:49 | 0:52 | | |
| 4 | | Lidia Behrendt | 28:40 | 4:14 | 9:21 | 11:46 | 18:37 | 19:37 | 21:32 | 22:52 | 24:24 | 25:49 | 27:23 | 28:40 | | |
| | | OLV Potsdam | | 4:14 | 5:07 | 2:25 | 6:51 | 1:00 | 1:55 | 1:20 | 1:32 | 1:25 | 1:34 | 1:17 | | |
| 5 | | Anni Herold | 52:30 | 4:14 | 11:27 | 14:06 | 27:45 | 31:18 | 36:39 | 41:30 | 44:31 | 48:33 | 51:31 | 52:30 | | |
| | | TSC Strausberg | | 4:14 | 7:13 | 2:39 | 13:39 | 3:33 | 5:21 | 4:51 | 3:01 | 4:02 | 2:58 | 0:59 | | |
| AK | | Johanna Nietsch | 32:28 | 2:53 | 5:30 | 7:57 | 10:40 | 15:44 | 18:52 | 24:19 | 25:45 | 28:18 | 31:20 | 32:28 | | 31:50 |
| | | TOLF Berlin | | 2:53 | 2:37 | 2:27 | 2:43 | 5:04 | 3:08 | 5:27 | 1:26 | 2:33 | 3:02 | 1:08 | | *200 |
| AK | | Lisa Voigt | 36:42 | 6:13 | 9:20 | 11:53 | 15:41 | 17:59 | 23:18 | 26:06 | 30:00 | 33:20 | 36:13 | 36:42 | | |
| | | OK Mark Brandenburg | | 6:13 | 3:07 | 2:33 | 3:48 | 2:18 | 5:19 | 2:48 | 3:54 | 3:20 | 2:53 | 0:29 | | |
| D12 (5) | | | | | | | | | | | | | | | | |
| | | | 1(217) | 1,7 km | 25 Hm | 10 P | 5(207) | 6(219) | 7(222) | 8(220) | 9(205) | 10(200) | Ziel | | | |
| 1 | | Amelie Breninek | 17:35 | 2:44 | 3:20 | 5:30 | 7:28 | 8:54 | 11:10 | 13:03 | 14:16 | 15:50 | 17:19 | 17:35 | | |
| | | TSC Strausberg | | 2:44 | 0:36 | 2:10 | 1:58 | 1:26 | 2:16 | 1:53 | 1:13 | 1:34 | 1:29 | 0:16 | | |
| 2 | | Luise Oestreich | 21:30 | 0:53 | 1:29 | 4:18 | 5:38 | 6:32 | 15:07 | 16:52 | 18:12 | 19:42 | 21:17 | 21:30 | | |
| | | ESV Lok Berlin-Schön | | 0:53 | 0:36 | 2:49 | 1:20 | 0:54 | 8:35 | 1:45 | 1:20 | 1:30 | 1:35 | 0:13 | | |
| 3 | | Lina Peukert | 25:36 | 1:30 | 2:24 | 8:32 | 11:40 | 12:51 | 17:01 | 19:54 | 21:31 | 23:44 | 25:20 | 25:36 | | |
| | | SV Schorfheide | | 1:30 | 0:54 | 6:08 | 3:08 | 1:11 | 4:10 | 2:53 | 1:37 | 2:13 | 1:36 | 0:16 | | |
| 4 | | Haley Behrendt | 35:52 | 4:02 | 4:59 | 9:37 | 13:44 | 19:11 | 23:26 | 26:28 | 29:12 | 33:01 | 34:57 | 35:52 | | |
| | | OLV Potsdam | | 4:02 | 0:57 | 4:38 | 4:07 | 5:27 | 4:15 | 3:02 | 2:44 | 3:49 | 1:56 | 0:55 | | |
| 5 | | Marlen Manns | 36:06 | 15:46 | 16:52 | 18:48 | 21:21 | 23:11 | 27:04 | 28:51 | 30:40 | 32:26 | 35:08 | 36:06 | | |
| | | OLV Potsdam | | 15:46 | 1:06 | 1:56 | 2:33 | 1:50 | 3:53 | 1:47 | 1:49 | 1:46 | 2:42 | 0:58 | | |
| D14 (6) | | | | | | | | | | | | | | | | |
| | | | 1(222) | 1,9 km | 30 Hm | 9 P | 5(218) | 6(220) | 7(201) | 8(205) | 9(200) | Ziel | | | | |
| 1 | | Ella Schindler | 15:15 | 1:06 | 2:40 | 6:05 | 6:43 | 9:21 | 11:19 | 12:31 | 13:44 | 14:57 | 15:15 | | | |
| | | OK Mark Brandenburg | | 1:06 | 1:34 | 3:25 | 0:38 | 2:38 | 1:58 | 1:12 | 1:13 | 1:13 | 0:18 | | | |
| 2 | | Alina Berens | 16:08 | 1:09 | 2:45 | 5:44 | 6:44 | 9:47 | 11:36 | 12:20 | 13:05 | 15:12 | 16:08 | | | |
| | | OK Mark Brandenburg | | 1:09 | 1:36 | 2:59 | 1:00 | 3:03 | 1:49 | 0:44 | 0:45 | 2:07 | 0:56 | | | |
| 3 | | Hannah Kalisch | 19:24 | 1:46 | 3:37 | 7:40 | 8:39 | 11:49 | 13:52 | 14:39 | 15:38 | 18:46 | 19:24 | | | |
| | | TSC Strausberg | | 1:46 | 1:51 | 4:03 | 0:59 | 3:10 | 2:03 | 0:47 | 0:59 | 3:08 | 0:38 | | | |
| 4 | | Ida Leukert | 20:11 | 1:13 | 3:06 | 6:56 | 7:53 | 11:45 | 15:03 | 15:47 | 17:03 | 19:09 | 20:11 | | | |
| | | SV IHW Alex 78 Berlin | | 1:13 | 1:53 | 3:50 | 0:57 | 3:52 | 3:18 | 0:44 | 1:16 | 2:06 | 1:02 | | | |
| 5 | | Lene Powik | 20:38 | 1:07 | 2:48 | 11:11 | 12:10 | 14:32 | 16:22 | 17:00 | 17:42 | 20:25 | 20:38 | | | |
| | | OK Mark Brandenburg | | 1:07 | 1:41 | 8:23 | 0:59 | 2:22 | 1:50 | 0:38 | 0:42 | 2:43 | 0:13 | | | |
| 6 | | Johanna Burczyk | 45:54 | 5:32 | 8:42 | 15:36 | 17:46 | 31:21 | 37:24 | 38:52 | 40:43 | 44:50 | 45:54 | | | |
| | | TSC Strausberg | | 5:32 | 3:10 | 6:54 | 2:10 | 13:35 | 6:03 | 1:28 | 1:51 | 4:07 | 1:04 | | | |
| D18 (5) | | | | | | | | | | | | | | | | |
| | | | 1(201) | 2,7 km | 35 Hm | 10 P | 5(221) | 6(215) | 7(216) | 8(209) | 9(217) | 10(200) | Ziel | | | |
| 1 | | Livia Uhlemann | 18:34 | 1:12 | 3:48 | 5:36 | 6:14 | 7:43 | 8:23 | 10:20 | 13:25 | 16:52 | 18:22 | 18:34 | | |
| | | OLV Potsdam | | 1:12 | 2:36 | 1:48 | 0:38 | 1:29 | 0:40 | 1:57 | 3:05 | 3:27 | 1:30 | 0:12 | | |
| 2 | | Mila Fischer | 20:44 | 1:15 | 3:22 | 5:20 | 6:01 | 7:37 | 9:35 | 11:46 | 15:10 | 19:13 | 20:31 | 20:44 | | |
| | | OLV Potsdam | | 1:15 | 2:07 | 1:58 | 0:41 | 1:36 | 1:58 | 2:11 | 3:24 | 4:03 | 1:18 | 0:13 | | |

| Pl | Stnr | Name | Zeit | | | | | | | | | | | | | |
|-----------------|------|------------------------------|---------------|---------------------|--------|-------------|--------|-----------------|--------|--------|--------|--------|---------|---------|---------|-------|
| D18 (5) | | | | 2,7 km 35 Hm | | 10 P | | <i>(Forts.)</i> | | | | | | | | |
| | | | | 1(201) | 2(218) | 3(208) | 4(213) | 5(221) | 6(215) | 7(216) | 8(209) | 9(217) | 10(200) | Ziel | | |
| 3 | | Maria Tovchigrechko | 21:10 | 1:25 | 3:46 | 5:47 | 6:32 | 8:13 | 9:12 | 11:28 | 15:12 | 19:06 | 20:54 | 21:10 | | |
| | | SV IHW Alex 78 Berlin | | 1:25 | 2:21 | 2:01 | 0:45 | 1:41 | 0:59 | 2:16 | 3:44 | 3:54 | 1:48 | 0:16 | | |
| 4 | | Paula Weiß | 22:25 | 1:22 | 4:24 | 6:49 | 7:33 | 9:25 | 10:12 | 12:34 | 16:19 | 20:23 | 22:12 | 22:25 | | |
| | | OK Mark Brandenburg | | 1:22 | 3:02 | 2:25 | 0:44 | 1:52 | 0:47 | 2:22 | 3:45 | 4:04 | 1:49 | 0:13 | | |
| | | Lina Leukert | Fehlst | 2:02 | 4:41 | 7:04 | 7:53 | 9:56 | 11:59 | 14:14 | 18:05 | 22:24 | ---- | 24:00 | | |
| | | SV IHW Alex 78 Berlin | | 2:02 | 2:39 | 2:23 | 0:49 | 2:03 | 2:03 | 2:15 | 3:51 | 4:19 | | 1:36 | | |
| H10 (10) | | | | 1,5 km 20 Hm | | 10 P | | | | | | | | | | |
| | | | | 1(222) | 2(219) | 3(223) | 4(207) | 5(218) | 6(206) | 7(220) | 8(217) | 9(205) | 10(200) | Ziel | | |
| 1 | | Oliver Riesner | 14:49 | 1:16 | 2:46 | 3:38 | 5:44 | 7:06 | 9:12 | 10:23 | 11:33 | 12:55 | 14:33 | 14:49 | | |
| | | TOLF Berlin | | 1:16 | 1:30 | 0:52 | 2:06 | 1:22 | 2:06 | 1:11 | 1:10 | 1:22 | 1:38 | 0:16 | | |
| 2 | | Mattes Walter | 16:40 | 1:34 | 3:21 | 4:31 | 6:12 | 7:40 | 9:45 | 11:26 | 12:39 | 14:23 | 16:21 | 16:40 | | |
| | | SV IHW Alex 78 Berlin | | 1:34 | 1:47 | 1:10 | 1:41 | 1:28 | 2:05 | 1:41 | 1:13 | 1:44 | 1:58 | 0:19 | | |
| 3 | | Franz Pablo Schachne | 17:27 | 1:53 | 3:53 | 4:53 | 7:01 | 8:10 | 10:32 | 12:30 | 14:08 | 16:04 | 17:11 | 17:27 | | |
| | | OLV Potsdam | | 1:53 | 2:00 | 1:00 | 2:08 | 1:09 | 2:22 | 1:58 | 1:38 | 1:56 | 1:07 | 0:16 | | |
| 4 | | Hugo David Schachne | 18:44 | 2:58 | 4:59 | 6:13 | 8:34 | 9:42 | 11:29 | 12:56 | 14:27 | 15:48 | 17:22 | 18:44 | | |
| | | OLV Potsdam | | 2:58 | 2:01 | 1:14 | 2:21 | 1:08 | 1:47 | 1:27 | 1:31 | 1:21 | 1:34 | 1:22 | | |
| 5 | | Ole Engel | 19:33 | 2:06 | 4:06 | 5:49 | 8:37 | 10:02 | 12:21 | 14:25 | 16:13 | 18:02 | 19:19 | 19:33 | | |
| | | TSC Strausberg | | 2:06 | 2:00 | 1:43 | 2:48 | 1:25 | 2:19 | 2:04 | 1:48 | 1:49 | 1:17 | 0:14 | | |
| 6 | | Anton Büge | 24:52 | 3:33 | 6:42 | 9:51 | 12:33 | 14:03 | 16:25 | 18:28 | 20:19 | 23:14 | 24:34 | 24:52 | | |
| | | TSC Strausberg | | 3:33 | 3:09 | 3:09 | 2:42 | 1:30 | 2:22 | 2:03 | 1:51 | 2:55 | 1:20 | 0:18 | | |
| 7 | | Alexander Fehrmann | 30:18 | 1:58 | 9:53 | 11:39 | 15:37 | 17:45 | 19:31 | 21:00 | 22:15 | 28:59 | 29:54 | 30:18 | | |
| | | TSC Strausberg | | 1:58 | 7:55 | 1:46 | 3:58 | 2:08 | 1:46 | 1:29 | 1:15 | 6:44 | 0:55 | 0:24 | | |
| 8 | | Finnegan Knickmeier | 31:37 | 1:25 | 4:00 | 5:04 | 8:05 | 10:01 | 13:24 | 15:15 | 26:52 | 29:42 | 31:14 | 31:37 | | |
| | | TSC Strausberg | | 1:25 | 2:35 | 1:04 | 3:01 | 1:56 | 3:23 | 1:51 | 11:37 | 2:50 | 1:32 | 0:23 | | |
| 9 | | Lino Hübner | 38:12 | 2:45 | 5:34 | 7:06 | 12:33 | 16:07 | 22:56 | 29:39 | 30:48 | 34:27 | 37:41 | 38:12 | | |
| | | TSC Strausberg | | 2:45 | 2:49 | 1:32 | 5:27 | 3:34 | 6:49 | 6:43 | 1:09 | 3:39 | 3:14 | 0:31 | | |
| | | Niklas Rex | Aufg | 1:31 | 3:38 | 4:47 | ---- | ---- | ---- | ---- | ---- | ---- | ---- | 10:57 | | |
| | | OLV Potsdam | | 1:31 | 2:07 | 1:09 | | | | | | | | 6:10 | | |
| H12 (3) | | | | 2,0 km 30 Hm | | 9 P | | | | | | | | | | |
| | | | | 1(220) | 2(218) | 3(212) | 4(208) | 5(209) | 6(207) | 7(222) | 8(205) | 9(200) | Ziel | | | |
| 1 | | Hannes Walter | 19:38 | 2:23 | 4:20 | 7:29 | 8:24 | 9:48 | 12:24 | 15:10 | 17:21 | 19:22 | 19:38 | | | |
| | | SV IHW Alex 78 Berlin | | 2:23 | 1:57 | 3:09 | 0:55 | 1:24 | 2:36 | 2:46 | 2:11 | 2:01 | 0:16 | | | |
| 2 | | Paul Voigt | 23:53 | 2:53 | 5:36 | 9:06 | 9:43 | 12:30 | 15:46 | 18:47 | 21:57 | 23:38 | 23:53 | | | |
| | | OK Mark Brandenburg | | 2:53 | 2:43 | 3:30 | 0:37 | 2:47 | 3:16 | 3:01 | 3:10 | 1:41 | 0:15 | | | |
| 3 | | Karl Herold | 42:09 | 4:07 | 7:34 | 15:00 | 17:52 | 21:47 | 29:31 | 35:41 | 40:26 | 41:43 | 42:09 | | | |
| | | TSC Strausberg | | 4:07 | 3:27 | 7:26 | 2:52 | 3:55 | 7:44 | 6:10 | 4:45 | 1:17 | 0:26 | | | |
| H14 (3) | | | | 2,4 km 35 Hm | | 12 P | | | | | | | | | | |
| | | | | 1(217) | 2(207) | 3(223) | 4(210) | 5(221) | 6(213) | 7(208) | 8(218) | 9(220) | 10(201) | 11(205) | 12(200) | Ziel |
| 1 | | Anton Weiß | 16:12 | 0:48 | 3:25 | 4:23 | 5:24 | 7:22 | 8:59 | 9:46 | 11:46 | 13:27 | 13:59 | 14:39 | 15:59 | 16:12 |
| | | OK Mark Brandenburg | | 0:48 | 2:37 | 0:58 | 1:01 | 1:58 | 1:37 | 0:47 | 2:00 | 1:41 | 0:32 | 0:40 | 1:20 | 0:13 |
| 2 | | Lucas Pascal Mache | 17:27 | 1:17 | 3:46 | 5:03 | 6:11 | 8:17 | 10:10 | 10:55 | 13:01 | 14:46 | 15:29 | 16:21 | 17:13 | 17:27 |
| | | OLV Potsdam | | 1:17 | 2:29 | 1:17 | 1:08 | 2:06 | 1:53 | 0:45 | 2:06 | 1:45 | 0:43 | 0:52 | 0:52 | 0:14 |
| 3 | | Maxim Hirschmann | 18:50 | 1:01 | 3:44 | 4:53 | 5:54 | 8:14 | 9:46 | 10:36 | 12:54 | 15:27 | 15:59 | 16:48 | 18:02 | 18:50 |
| | | OLV Potsdam | | 1:01 | 2:43 | 1:09 | 1:01 | 2:20 | 1:32 | 0:50 | 2:18 | 2:33 | 0:32 | 0:49 | 1:14 | 0:48 |

| Pl | Stnr | Name | Zeit | | | | | | | | | | | | | | | |
|------------------|------|-------------------------------|---------------|-------------|---------------|--------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| H16 (3) | | | | | 2,7 km | 35 Hm | 10 P | | | | | | | | | | | |
| | | | | 1(201) | 2(218) | 3(208) | 4(213) | 5(221) | 6(215) | 7(216) | 8(209) | 9(217) | 10(200) | Ziel | | | | |
| 1 | | Paul Köhler | 17:42 | 1:18 | 3:14 | 4:56 | 5:32 | 6:57 | 7:44 | 9:34 | 12:57 | 16:31 | 17:31 | 17:42 | | | | |
| | | TSC Strausberg | | 1:18 | 1:56 | 1:42 | 0:36 | 1:25 | 0:47 | 1:50 | 3:23 | 3:34 | 1:00 | 0:11 | | | | |
| 2 | | Gunnar Schällicke | 21:08 | 1:30 | 3:59 | 6:11 | 6:58 | 8:37 | 9:26 | 11:37 | 15:22 | 19:45 | 20:54 | 21:08 | | | | |
| | | TSC Strausberg | | 1:30 | 2:29 | 2:12 | 0:47 | 1:39 | 0:49 | 2:11 | 3:45 | 4:23 | 1:09 | 0:14 | | | | |
| 3 | | Tjare Funke | 21:44 | 1:21 | 4:05 | 6:08 | 6:48 | 8:39 | 9:36 | 11:58 | 15:49 | 20:19 | 21:30 | 21:44 | | | | |
| | | TSC Strausberg | | 1:21 | 2:44 | 2:03 | 0:40 | 1:51 | 0:57 | 2:22 | 3:51 | 4:30 | 1:11 | 0:14 | | | | |
| H18 (1) | | | | | 2,8 km | 50 Hm | 13 P | | | | | | | | | | | |
| | | | | 1(220) | 2(218) | 3(207) | 4(204) | 5(203) | 6(202) | 7(211) | 8(210) | 9(219) | 10(206) | 11(201) | 12(205) | 13(200) | Ziel | |
| 1 | | Janik Keller | 21:01 | 1:17 | 2:41 | 3:28 | 8:17 | 10:47 | 12:13 | 13:37 | 14:30 | 15:49 | 18:19 | 19:22 | 20:00 | 20:50 | 21:01 | |
| | | ESV Lok Berlin-Schön | | 1:17 | 1:24 | 0:47 | 4:49 | 2:30 | 1:26 | 1:24 | 0:53 | 1:19 | 2:30 | 1:03 | 0:38 | 0:50 | 0:11 | |
| OffK (10) | | | | | 1,7 km | 25 Hm | 10 P | | | | | | | | | | | |
| | | | | 1(217) | 2(201) | 3(206) | 4(218) | 5(207) | 6(219) | 7(222) | 8(220) | 9(205) | 10(200) | Ziel | | | | |
| 1 | | Christian Fischer | 13:10 | 1:07 | 1:56 | 3:22 | 4:56 | 5:56 | 7:36 | 9:10 | 10:16 | 11:47 | 12:52 | 13:10 | | | | |
| | | OK Mark Brandenburg | | 1:07 | 0:49 | 1:26 | 1:34 | 1:00 | 1:40 | 1:34 | 1:06 | 1:31 | 1:05 | 0:18 | | | | |
| 2 | | Matthias Unbekannt | 19:34 | 2:09 | 2:56 | 5:50 | 8:03 | 9:32 | 12:10 | 14:06 | 15:47 | 18:05 | 19:14 | 19:34 | | | | |
| | | OLV Potsdam | | 2:09 | 0:47 | 2:54 | 2:13 | 1:29 | 2:38 | 1:56 | 1:41 | 2:18 | 1:09 | 0:20 | | | | |
| 3 | | Michael Peukert | 23:29 | 2:03 | 3:10 | 5:26 | 8:14 | 10:10 | 13:06 | 16:06 | 18:06 | 20:40 | 22:46 | 23:29 | | | | |
| | | SV Schorfheide | | 2:03 | 1:07 | 2:16 | 2:48 | 1:56 | 2:56 | 3:00 | 2:00 | 2:34 | 2:06 | 0:43 | | | | |
| 4 | | Julia Knickmeier | 24:08 | 2:28 | 3:33 | 5:49 | 8:42 | 10:20 | 13:37 | 16:48 | 18:50 | 21:13 | 23:35 | 24:08 | | | | |
| | | TSC Strausberg | | 2:28 | 1:05 | 2:16 | 2:53 | 1:38 | 3:17 | 3:11 | 2:02 | 2:23 | 2:22 | 0:33 | | | | |
| 5 | | Bernd Wollenberg | 34:48 | 7:47 | 9:56 | 13:23 | 16:13 | 18:47 | 23:15 | 26:18 | 29:01 | 31:54 | 34:15 | 34:48 | | | | |
| | | SV Schorfheide | | 7:47 | 2:09 | 3:27 | 2:50 | 2:34 | 4:28 | 3:03 | 2:43 | 2:53 | 2:21 | 0:33 | | | | |
| 6 | | Christin Fehrmann | 37:02 | 2:18 | 3:51 | 11:24 | 15:25 | 17:10 | 20:06 | 22:47 | 24:46 | 35:06 | 36:39 | 37:02 | | | | |
| | | TSC Strausberg | | 2:18 | 1:33 | 7:33 | 4:01 | 1:45 | 2:56 | 2:41 | 1:59 | 10:20 | 1:33 | 0:23 | | | | |
| 7 | | Fritz Schachner | 38:19 | 3:04 | 4:47 | 8:30 | 11:55 | 14:52 | 20:02 | 27:14 | 29:29 | 34:31 | 37:19 | 38:19 | | | | |
| | | OLV Potsdam | | 3:04 | 1:43 | 3:43 | 3:25 | 2:57 | 5:10 | 7:12 | 2:15 | 5:02 | 2:48 | 1:00 | | | | |
| 8 | | Hussein Mnaty Sa Alw | 41:10 | 15:50 | 17:25 | 20:50 | 23:58 | 26:24 | 30:47 | 33:52 | 36:24 | 39:05 | 40:46 | 41:10 | | | | |
| | | SG Einheit Berliner Bä | | 15:50 | 1:35 | 3:25 | 3:08 | 2:26 | 4:23 | 3:05 | 2:32 | 2:41 | 1:41 | 0:24 | | | | |
| 9 | | Wisam Abdulhussein | 43:07 | 17:52 | 19:31 | 22:54 | 25:45 | 28:21 | 32:45 | 36:03 | 38:22 | 41:01 | 42:49 | 43:07 | | | | |
| | | SG Einheit Berliner Bä | | 17:52 | 1:39 | 3:23 | 2:51 | 2:36 | 4:24 | 3:18 | 2:19 | 2:39 | 1:48 | 0:18 | | | | |
| 2 | | Georg Ulbrich | Fehlst | 3:13 | 5:00 | 8:23 | 10:45 | 12:50 | 15:19 | 20:46 | 24:04 | 27:40 | --- | 29:51 | | | | |
| | | OLV Potsdam | | 3:13 | 1:47 | 3:23 | 2:22 | 2:05 | 2:29 | 5:27 | 3:18 | 3:36 | | 2:11 | | | | |
| OffL (11) | | | | | 3,3 km | 50 Hm | 12 P | | | | | | | | | | | |
| | | | | 1(201) | 2(206) | 3(214) | 4(215) | 5(210) | 6(211) | 7(202) | 8(203) | 9(204) | 10(207) | 11(205) | 12(200) | Ziel | | |
| 1 | | Matthias Schwartz | 23:08 | 1:18 | 2:10 | 6:08 | 7:04 | 8:50 | 9:41 | 10:57 | 12:22 | 14:52 | 19:21 | 22:17 | 22:59 | 23:08 | | |
| | | Berliner Turnerschaft | | 1:18 | 0:52 | 3:58 | 0:56 | 1:46 | 0:51 | 1:16 | 1:25 | 2:30 | 4:29 | 2:56 | 0:42 | 0:09 | | |
| 2 | | Dmitry Ushakov | 23:39 | 1:08 | 2:16 | 6:21 | 7:28 | 9:17 | 10:05 | 11:20 | 12:40 | 14:28 | 19:48 | 22:36 | 23:26 | 23:39 | | |
| | | SV Schorfheide | | 1:08 | 1:08 | 4:05 | 1:07 | 1:49 | 0:48 | 1:15 | 1:20 | 1:48 | 5:20 | 2:48 | 0:50 | 0:13 | | |
| 3 | | Volker Walter | 26:52 | 1:31 | 2:39 | 7:10 | 7:53 | 10:04 | 11:04 | 12:29 | 14:24 | 16:46 | 21:42 | 25:37 | 26:37 | 26:52 | | |
| | | SV IHW Alex 78 Berlin | | 1:31 | 1:08 | 4:31 | 0:43 | 2:11 | 1:00 | 1:25 | 1:55 | 2:22 | 4:56 | 3:55 | 1:00 | 0:15 | | |
| 4 | | Matthias Forberg | 27:25 | 1:32 | 3:50 | 8:13 | 8:59 | 10:53 | 11:56 | 13:25 | 15:23 | 17:51 | 22:40 | 26:17 | 27:13 | 27:25 | | |
| | | SV IHW Alex 78 Berlin | | 1:32 | 2:18 | 4:23 | 0:46 | 1:54 | 1:03 | 1:29 | 1:58 | 2:28 | 4:49 | 3:37 | 0:56 | 0:12 | | |
| 5 | | Kristin Leukert | 30:36 | 1:33 | 2:54 | 8:08 | 9:04 | 11:15 | 12:23 | 14:15 | 16:10 | 18:45 | 25:05 | 29:14 | 30:19 | 30:36 | | |
| | | SV IHW Alex 78 Berlin | | 1:33 | 1:21 | 5:14 | 0:56 | 2:11 | 1:08 | 1:52 | 1:55 | 2:35 | 6:20 | 4:09 | 1:05 | 0:17 | | |
| 6 | | Ulrike Engel | 43:30 | 3:47 | 5:58 | 13:04 | 15:28 | 18:55 | 20:10 | 22:57 | 25:26 | 28:39 | 36:12 | 41:40 | 43:04 | 43:30 | | |
| | | TSC Strausberg | | 3:47 | 2:11 | 7:06 | 2:24 | 3:27 | 1:15 | 2:47 | 2:29 | 3:13 | 7:33 | 5:28 | 1:24 | 0:26 | | |

| Pl | Stnr | Name | Zeit | | | | | | | | | | | | | |
|------------------|------|-------------------------------|----------------|---------------------|--------|--------|-------------|--------|--------|-----------------|--------|--------|---------|---------|---------|---------|
| OffL (11) | | | | 3,3 km 50 Hm | | | 12 P | | | <i>(Forts.)</i> | | | | | | |
| | | | | 1(201) | 2(206) | 3(214) | 4(215) | 5(210) | 6(211) | 7(202) | 8(203) | 9(204) | 10(207) | 11(205) | 12(200) | Ziel |
| 7 | | Martin Knickmeier | 47:02 | 2:22 | 4:34 | 12:30 | 14:34 | 18:12 | 20:01 | 22:40 | 25:59 | 30:26 | 38:52 | 44:59 | 46:29 | 47:02 |
| | | TSC Strausberg | | 2:22 | 2:12 | 7:56 | 2:04 | 3:38 | 1:49 | 2:39 | 3:19 | 4:27 | 8:26 | 6:07 | 1:30 | 0:33 |
| 8 | | Safaa Al-abboodi | 47:24 | 4:17 | 10:15 | 16:17 | 18:29 | 21:16 | 22:49 | 24:50 | 28:47 | 32:20 | 40:31 | 45:33 | 46:59 | 47:24 |
| | | SV Schorfheide | | 4:17 | 5:58 | 6:02 | 2:12 | 2:47 | 1:33 | 2:01 | 3:57 | 3:33 | 8:11 | 5:02 | 1:26 | 0:25 |
| | | | | 2:52 | | | | | | | | | | | | |
| | | | | *217 | | | | | | | | | | | | |
| 9 | | Kadhim Shareef Moha | 49:18 | 6:14 | 12:11 | 18:14 | 20:19 | 23:13 | 24:46 | 26:48 | 30:42 | 34:05 | 42:25 | 47:23 | 48:52 | 49:18 |
| | | SG Einheit Berliner Bā | | 6:14 | 5:57 | 6:03 | 2:05 | 2:54 | 1:33 | 2:02 | 3:54 | 3:23 | 8:20 | 4:58 | 1:29 | 0:26 |
| 10 | | Jessica Breninek | 55:19 | 4:45 | 7:45 | 18:03 | 19:39 | 23:36 | 25:35 | 29:10 | 32:28 | 37:11 | 46:56 | 53:33 | 54:51 | 55:19 |
| | | TSC Strausberg | | 4:45 | 3:00 | 10:18 | 1:36 | 3:57 | 1:59 | 3:35 | 3:18 | 4:43 | 9:45 | 6:37 | 1:18 | 0:28 |
| 11 | | Keanu Gabel | 1:08:15 | 3:37 | 14:18 | 22:42 | 24:57 | 29:43 | 31:45 | 34:39 | 38:16 | 47:22 | 59:15 | 1:05:56 | 1:07:38 | 1:08:15 |
| | | BSV 63 Chemie Weiße | | 3:37 | 10:41 | 8:24 | 2:15 | 4:46 | 2:02 | 2:54 | 3:37 | 9:06 | 11:53 | 6:41 | 1:42 | 0:37 |