

Pl	tnr	Name	Zeit														
<b>D10B (Damen bis 10 B) (5)</b>				<b>2,2 km 35 Hm</b>							<b>7 P</b>						
				1(127)	2(121)	3(107)	4(136)	5(141)	6(145)	7(199)	Ziel						
1		Manteufel, Helen	26:32	7:06	11:22	15:06	18:08	23:22	24:32	25:41	26:32						
		KVA LDS		7:06	4:16	3:44	3:02	5:14	1:10	1:09	0:51						
2		Voigt, Lisa	37:21	6:11	12:28	18:00	24:13	32:13	34:32	36:24	37:21						
		OK Mark Brandenb		6:11	6:17	5:32	6:13	8:00	2:19	1:52	0:57						
3		Brettschneider, Pau	1:10:30	16:20	28:11	38:18	45:46	1:01:57	1:06:44	1:08:06	1:10:30						
		Kaulsdorfer OLV Be		16:20	11:51	10:07	7:28	16:11	4:47	1:22	2:24						
4		Bahrenberg, Carla	1:11:58	13:41	27:28	35:36	43:01	59:27	1:03:53	1:10:24	1:11:58	1:02:07					
		Volkssport 06		13:41	13:47	8:08	7:25	16:26	4:26	6:31	1:34	*116					
5		Rahn, Leo	1:18:00	19:39	33:26	41:34	48:49	1:05:26	1:09:52	1:16:22	1:18:00	1:08:05					
		Volkssport 06		19:39	13:47	8:08	7:15	16:37	4:26	6:30	1:38	*116					
<b>D10 (Damen bis 10) (6)</b>				<b>2,2 km 35 Hm</b>							<b>7 P</b>						
				1(127)	2(121)	3(107)	4(136)	5(141)	6(145)	7(199)	Ziel						
1		Scholz, Nele	19:10	3:47	7:17	9:33	12:09	16:19	17:42	18:34	19:10						
		Köpenicker SC		3:47	3:30	2:16	2:36	4:10	1:23	0:52	0:36						
2		Quabeck, Serafina	22:35	5:44	10:05	12:43	15:18	19:37	21:05	21:58	22:35						
		Berliner Turnerscha		5:44	4:21	2:38	2:35	4:19	1:28	0:53	0:37						
3		Krüger, Náya Livia	23:20	4:21	8:52	11:31	15:58	20:36	21:52	22:49	23:20						
		Berliner Turnerscha		4:21	4:31	2:39	4:27	4:38	1:16	0:57	0:31						
4		Yurpalova, Agatha	24:45	11:56:34	7:19	9:50	12:57	17:52	23:18	23:50	24:45						
		Volkssport 02		11:56:34		2:31	3:07	4:55	5:26	0:32	0:55						
5		Kalisch, Louisa	32:49	8:19	13:55	17:32	21:16	27:36	29:47	32:10	32:49						
		TSC Strausberg		8:19	5:36	3:37	3:44	6:20	2:11	2:23	0:39						
6		Yurpalova, Arina	44:11	13:05	23:18	28:52	34:21	40:49	42:31	43:25	44:11						
		Volkssport 02		13:05	10:13	5:34	5:29	6:28	1:42	0:54	0:46						
<b>D12 (Damen bis 12) (7)</b>				<b>2,8 km 30 Hm</b>							<b>9 P</b>						
				1(144)	2(140)	3(107)	4(103)	5(124)	6(135)	7(141)	8(116)	9(199)	Ziel				
1		Leukert, Ida	24:12	4:41	6:03	10:13	12:34	14:26	16:39	20:28	22:21	23:32	24:12				
		SV IHW Alex 78 Berl		4:41	1:22	4:10	2:21	1:52	2:13	3:49	1:53	1:11	0:40				
2		Kalisch, Hannah	26:31	5:33	7:04	11:07	14:27	16:18	18:37	23:25	24:47	25:52	26:31				
		TSC Strausberg		5:33	1:31	4:03	3:20	1:51	2:19	4:48	1:22	1:05	0:39				
3		Adorján, Vera Lotte	27:46	6:22	8:22	12:53	15:42	17:27	20:22	23:50	25:48	27:14	27:46				
		Berliner Turnerscha		6:22	2:00	4:31	2:49	1:45	2:55	3:28	1:58	1:26	0:32				
4		Günther, Ariana	28:42	5:39	7:16	13:03	17:06	19:45	22:17	25:24	26:47	28:03	28:42				
		Kaulsdorfer OLV Be		5:39	1:37	5:47	4:03	2:39	2:32	3:07	1:23	1:16	0:39				
5		Kalisch, Alma	31:22	4:37	6:29	11:13	14:07	16:11	25:04	28:19	29:43	30:48	31:22				
		TSV Karlshorst		4:37	1:52	4:44	2:54	2:04	8:53	3:15	1:24	1:05	0:34				
6		Breninek, Amelie	32:01	5:08	6:38	11:41	14:57	17:13	22:08	26:57	29:28	31:06	32:01				
		Volkssport 11		5:08	1:30	5:03	3:16	2:16	4:55	4:49	2:31	1:38	0:55				
		Schmidt, Ella	N Ang														
		TSC Strausberg															
<b>D14 (Damen bis 14) (3)</b>				<b>4,4 km 80 Hm</b>							<b>10 P</b>						
				1(129)	2(109)	3(117)	4(115)	5(131)	6(103)	7(128)	8(130)	9(134)	10(199)	Ziel			
1		Weiß, Paula	34:08	3:15	6:49	8:30	11:48	13:06	15:15	18:47	22:50	31:05	33:26	34:08			
		OK Mark Brandenb		3:15	3:34	1:41	3:18	1:18	2:09	3:32	4:03	8:15	2:21	0:42			
2		Krüger, Lianne Jos	38:14	4:19	8:47	11:01	15:35	16:49	19:20	22:59	26:54	35:02	37:37	38:14			
		Berliner Turnerscha		4:19	4:28	2:14	4:34	1:14	2:31	3:39	3:55	8:08	2:35	0:37			
3		Schindler, Ella	1:05:41	4:58	11:11	13:50	21:52	23:18	27:34	32:20	38:47	52:41	1:05:02	1:05:41			
		OK Mark Brandenb		4:58	6:13	2:39	8:02	1:26	4:16	4:46	6:27	13:54	12:21	0:39			
<b>D16 (Damen bis 16) (1)</b>				<b>5,3 km 140 Hm</b>							<b>12 P</b>						
				1(153)	2(101)	3(148)	4(118)	5(146)	6(117)	7(115)	8(133)	9(130)	10(135)	11(138)	12(199)	Ziel	
1		Leukert, Lina	54:34	2:55	7:02	8:40	11:22	13:31	18:16	23:33	30:00	40:53	46:26	49:15	54:06	54:34	
		SV IHW Alex 78 Berl		2:55	4:07	1:38	2:42	2:09	4:45	5:17	6:27	10:53	5:33	2:49	4:51	0:28	
<b>D18 (Damen bis 18) (2)</b>				<b>7,2 km 130 Hm</b>							<b>18 P</b>						
				1(110)	2(105)	3(137)	4(118)	5(146)	6(113)	7(111)	8(133)	9(128)	10(126)	11(125)	12(130)	13(147)	14(150)
				15(143)	16(104)	17(116)	18(199)	Ziel									
1		Tovchigrechko, Mar	59:49	2:40	4:59	8:50	10:43	12:24	15:43	19:26	24:46	30:17	31:22	34:47	38:08	39:36	44:12
		SV IHW Alex 78 Berl		2:40	2:19	3:51	1:53	1:41	3:19	3:43	5:20	5:31	1:05	3:25	3:21	1:28	4:36
				48:07	51:17	58:26	59:20	59:49									
				3:55	3:10	7:09	0:54	0:29									
		Knuth, Sara	N Ang														
		OLV Potsdam															
<b>D19- (Damen ab 19) (2)</b>				<b>5,3 km 160 Hm</b>							<b>12 P</b>						
				1(153)	2(101)	3(148)	4(118)	5(146)	6(117)	7(115)	8(133)	9(130)	10(135)	11(138)	12(199)	Ziel	
		Lenter, Juliane	Aufg	-----	33:22	-----	38:22	-----	46:24	-----	-----	-----	-----	1:02:57	1:12:29	1:13:56	
		OLV Potsdam			33:22		5:00		8:02					16:33	9:32	1:27	
				14:35	23:41	29:18	39:21										
				*142	*110	*105	*108										







Pl	tnr	Name	Zeit															
<b>H19- (Herren ab 19) (9)</b>				<b>13,1 km 240 Hm</b>				<b>24 P</b>		<i>(Forts.)</i>								
				1(105) 15(130)	2(118) 16(152)	3(146) 17(149)	4(123) 18(143)	5(113) 19(125)	6(117) 20(122)	7(111) 21(151)	8(115) 22(102)	9(106) 23(114)	10(112) 24(199)	11(119) Ziel	12(132)	13(128)	14(126)	
<b>3</b>		<b>Blume, Karsten</b> <b>Berliner TSC</b>	<b>1:28:37</b>	3:32 3:32 49:23 <b>2:19</b>	7:39 4:07 54:07 4:44	8:55 1:16 58:41 4:34	13:59 5:04 1:01:52 3:11	17:58 3:59 1:08:38 6:46	19:13 1:15 1:11:45 3:07	20:13 1:00 1:16:09 4:24	22:25 <b>2:12</b> 1:18:06 1:57	27:41 5:16 1:25:29 7:23	34:51 7:10 1:28:07 2:38	37:36 2:45 1:28:37 0:30	42:05 4:29	46:07 4:02	47:04 0:57	
<b>4</b>		<b>Graumann, Leo</b> <b>ESV Lok Berlin-Sch</b>	<b>1:37:03</b>	3:54 3:54 54:55 2:48	8:31 4:37 1:00:03 5:08	9:54 1:23 1:04:38 4:35	15:24 5:30 1:07:32 2:54	19:12 <b>3:48</b> 1:14:18 6:46	20:31 1:19 1:17:48 3:30	21:39 1:08 1:22:54 5:06	24:26 2:47 1:26:17 3:23	30:20 5:54 1:33:30 7:13	37:40 7:20 1:36:33 3:03	42:31 3:29 1:37:03 0:30	41:09 5:34	46:43 4:37	51:20 0:47	52:07
<b>5</b>		<b>Großmann, Michael</b> <b>OLV Potsdam</b>	<b>1:42:28</b>	4:39 4:39 55:58 2:22	9:34 4:55 1:01:40 5:42	11:02 1:28 1:06:10 4:30	16:53 5:51 1:09:30 3:20	20:44 3:51 1:16:28 6:58	22:12 1:28 1:21:39 5:11	23:18 1:06 1:26:26 6:30	25:50 2:32 1:31:57 5:31	31:26 5:36 1:38:41 6:44	39:24 7:58 1:41:56 3:15	42:31 3:07 1:42:28 0:32	48:05 5:34	52:46 4:41	53:36 0:50	
<b>6</b>		<b>Smokov, Yevhen</b> <b>Volkssport 07</b>	<b>2:09:27</b>	8:14 8:14 1:08:26 3:05	13:05 4:51 1:15:17 6:51	14:22 1:17 1:28:02 12:45	20:20 5:58 1:36:07 8:05	30:01 9:41 1:44:35 8:28	31:05 <b>1:04</b> 1:48:56 4:21	32:08 1:03 1:55:26 6:30	35:43 3:35 1:57:46 2:20	42:10 6:27 2:05:36 7:50	49:35 7:25 2:08:49 3:13	53:42 4:07 2:09:27 0:38	59:36 5:54	1:04:30 4:54	1:05:21 0:51	
		<b>Knaack, Tobias</b> <b>OK Mark Brandenb</b>	<b>Aufg</b>	6:23 6:23 1:42:19 7:36	14:13 7:50 1:53:09 10:50	16:12 1:59 2:02:43 9:34	25:37 9:25 2:12:16 9:33	33:16 7:39 ----- -----	35:39 2:23 ----- -----	37:15 1:36 ----- -----	41:30 4:15 ----- -----	51:15 9:45 ----- -----	1:03:50 12:35 2:39:43 27:27	1:13:02 9:12 2:41:16 1:33	1:23:18 10:16	1:33:03 9:45	1:34:43 1:40	
		<b>Ginet, Thomas</b> <b>Berliner Turnerscha</b>	<b>N Ang</b>															
		<b>Rodewohl, Lukas</b> <b>OK Leipzig</b>	<b>N Ang</b>															
<b>H19K (Herren ab 19 kurz) (8)</b>				<b>7,2 km 130 Hm</b>				<b>18 P</b>										
				1(110) 15(143)	2(105) 16(104)	3(137) 17(116)	4(118) 18(199)	5(146) Ziel	6(113)	7(111)	8(133)	9(128)	10(126)	11(125)	12(130)	13(147)	14(150)	
<b>1</b>		<b>Boeck, Sascha</b> <b>Kaulsdorfer OLV Be</b>	<b>59:54</b>	2:35 2:35 46:50 3:53	4:56 2:21 50:04 3:14	8:05 3:09 58:30 8:26	9:55 1:50 59:22 0:52	11:29 1:34 59:54 0:32	15:13 3:44	17:22 2:09	23:04 5:42	28:44 5:40	29:51 1:07	33:25 3:34	36:54 3:29	38:31 1:37	42:57 4:26	
<b>2</b>		<b>Schmoger, Axel</b> <b>KVA LDS</b>	<b>1:01:24</b>	2:47 2:47 47:59 4:37	5:59 3:12 52:20 4:21	9:33 3:34 1:00:07 7:47	11:19 1:46 1:00:50 0:43	12:52 1:33 1:01:24 0:34	16:46 3:54	19:02 2:16	24:09 5:07	29:43 5:34	30:54 1:11	34:03 3:09	36:52 2:49	38:30 1:38	43:22 4:52	
<b>3</b>		<b>Richter, Philippe</b> <b>ESV Lok Berlin-Sch</b>	<b>1:05:58</b>	3:33 3:33 50:26 4:06	6:02 2:29 1:03:57 3:14	9:27 3:25 1:05:08 10:17	11:14 1:47 1:05:58 1:11	12:46 1:32 1:05:58 0:50	18:17 5:31	20:38 2:21	25:57 5:19	32:14 6:17	33:26 1:12	36:48 3:22	40:22 3:34	41:55 1:33	46:20 4:25	
<b>4</b>		<b>Tabka, Slim</b> <b>SV IHW Alex 78 Berl</b>	<b>1:43:29</b>	2:56 2:56 1:12:32 5:49	6:24 3:28 1:32:23 19:51	12:13 5:49 1:41:49 9:26	14:49 2:36 1:42:51 1:02	17:39 2:50 1:43:29 0:38	22:53 5:14	25:46 2:53	31:13 5:27	37:42 6:29	38:51 1:09	55:43 16:52	58:59 3:16	1:00:42 1:43	1:06:43 6:01	
		<b>Becker, Till</b> <b>Volkssport 13</b>	<b>Fehlst</b>	4:30 4:30 1:39:42 13:54	14:11 9:41 ----- 2:03:34	19:09 4:58 2:04:53 1:19	21:45 2:36 2:05:42 0:49	24:43 2:58 2:05:42 0:49	28:25 3:42	32:01 3:36	37:57 5:56	44:19 6:22	46:45 2:26	-----	1:16:06 29:21	1:18:14 2:08	1:25:48 7:34	
		<b>Krüger, Ronny</b> <b>Berliner Turnerscha</b>	<b>Aufg</b>	26:18 26:18 ----- -----	30:50 4:32 ----- -----	38:25 7:35 ----- -----	41:34 3:09 ----- -----	44:48 3:14 1:24:31 29:22	51:14 6:26	55:09 3:55	-----	-----	-----	-----	-----	-----	-----	
		<b>Mkaouar, Ahmed</b> <b>Volkssport 01</b>	<b>N Ang</b>															
		<b>Schramm, Erwin</b> <b>Kaulsdorfer OLV Be</b>	<b>N Ang</b>															
<b>H35 (Herren ab 35) (2)</b>				<b>10,0 km 190 Hm</b>				<b>22 P</b>										
				1(101) 15(130)	2(108) 16(147)	3(109) 17(152)	4(112) 18(143)	5(111) 19(151)	6(146) 20(102)	7(110) 21(122)	8(121) 22(199)	9(115) Ziel	10(119)	11(132)	12(106)	13(139)	14(126)	
<b>1</b>		<b>Gondring, Oliver</b> <b>OLV Potsdam</b>	<b>1:17:35</b>	4:56 4:56 50:02 3:05	8:17 3:21 51:18 1:16	10:10 1:53 55:59 4:41	13:27 3:17 1:00:36 4:37	14:54 1:27 1:06:08 5:32	18:53 3:59 1:08:17 2:09	22:37 3:44 1:14:46 6:29	25:59 3:22 1:17:04 2:18	27:28 1:29 1:17:35 0:31	35:13 7:45	41:22 6:09	43:09 1:47	45:18 2:09	46:57 1:39	
<b>2</b>		<b>Graumann, Bodo</b> <b>ESV Lok Berlin-Sch</b>	<b>1:29:03</b>	6:22 6:22 58:26 3:30	10:27 4:05 59:52 1:26	12:53 2:26 1:05:13 5:21	16:58 4:05 1:11:34 6:21	18:28 1:30 1:14:35 3:07	23:17 4:49 1:19:48 5:13	28:30 5:13 1:26:34 6:46	32:12 3:42 1:28:33 1:59	33:47 1:35 1:29:03 0:30	42:01 8:14	48:34 6:33	50:28 1:54	52:51 2:23	54:56 2:05	

Pl	tnr	Name	Zeit														
<b>H40 (Herren ab 40) (4)</b>				<b>10,0 km 190 Hm 22 P</b>													
				1(101) 15(130)	2(108) 16(147)	3(109) 17(152)	4(112) 18(143)	5(111) 19(151)	6(146) 20(102)	7(110) 21(122)	8(121) 22(199)	9(115) Ziel	10(119)	11(132)	12(106)	13(139)	14(126)
1		<b>Schwartz, Matthias</b> Berliner Turnerscha	<b>1:06:11</b>	4:34 <b>46:06</b> <b>2:17</b>	<b>7:18</b> <b>2:44</b> <b>1:11</b>	<b>8:52</b> <b>50:46</b> <b>3:29</b>	<b>12:08</b> <b>54:34</b> <b>3:48</b>	<b>13:21</b> <b>56:32</b> <b>1:58</b>	<b>16:58</b> <b>58:10</b> <b>1:38</b>	<b>20:22</b> <b>1:04:03</b> <b>5:53</b>	<b>23:09</b> <b>1:05:45</b> <b>1:42</b>	<b>24:27</b> <b>1:06:11</b> <b>0:26</b>	<b>29:13</b> <b>4:46</b>	<b>34:00</b> <b>4:47</b>	<b>35:14</b> <b>1:14</b>	<b>42:00</b> <b>6:46</b>	<b>43:49</b> <b>1:49</b>
2		<b>Zschäckel, Raik</b> SV IHW Alex 78 Berl	<b>1:12:52</b>	4:25 50:06 2:34	7:33 51:20 1:14	9:31 55:18 3:58	12:58 1:00:00 4:42	14:12 1:02:20 2:20	17:57 1:04:07 1:47	21:52 1:10:06 5:59	26:00 1:12:13 2:07	27:23 1:12:52 0:39	33:22 5:59	38:43 5:21	40:10 1:27	45:50 5:40	47:32 <b>1:42</b>
3		<b>Slatnow, Robert</b> ESV Lok Berlin-Sch	<b>1:30:12</b>	6:04 6:04	10:05 4:01	12:07 2:02	16:25 4:18	18:04 1:39	22:34 4:30	27:21 4:47	31:56 4:35	33:38 1:42	44:22 10:44	50:29 6:07	52:21 1:52	54:56 <b>2:35</b>	57:06 2:10
4		<b>Kalisch, Fabian</b> TSC Strausberg	<b>1:50:29</b>	6:14 6:14 1:07:10 3:57	10:33 4:19 1:09:13 2:03	13:08 2:35 1:22:48 13:35	18:16 5:08 1:29:02 6:14	20:18 2:02 1:32:57 3:55	26:14 5:56 1:36:15 3:18	32:21 6:07 1:47:13 10:58	37:37 5:16 1:49:43 2:30	39:43 2:06 1:50:29 0:46	47:26 7:43	55:21 7:55	57:37 2:16	1:00:44 3:07	1:03:13 2:29
<b>H45 (Herren ab 45) (15)</b>				<b>8,4 km 200 Hm 16 P</b>													
				1(142) 15(122)	2(110) 16(199)	3(105) Ziel	4(101)	5(118)	6(108)	7(117)	8(138)	9(125)	10(133)	11(139)	12(147)	13(150)	14(104)
1		<b>Bleidorn, Stefan</b> SV IHW Alex 78 Berl	<b>1:02:21</b>	<b>2:46</b> <b>59:55</b> <b>4:50</b>	<b>5:36</b> <b>2:50</b> <b>1:55</b>	7:50 2:14 0:31	9:34 <b>1:44</b>	12:37 3:03	13:18 <b>0:41</b>	<b>16:29</b> 3:11	24:06 7:37	28:11 4:05	34:58 6:47	39:36 4:38	<b>44:33</b> 4:57	<b>48:04</b> 3:31	55:05 7:01
2		<b>Lau, Andreas</b> Köpenicker SC	<b>1:03:44</b>	3:23 3:23	6:13 2:50	8:38 2:25	10:24 1:46	13:31 3:07	14:22 0:51	17:43 3:21	25:00 7:17	29:06 4:06	35:41 6:35	<b>39:27</b> <b>3:46</b>	45:18 5:51	49:29 4:11	<b>54:15</b> 4:46
3		<b>Appelt, Christian</b> Kaulsdorfer OLV Be	<b>1:03:56</b>	4:07 4:07	7:26 3:19	10:00 2:34	11:57 1:57	15:09 3:12	15:59 0:50	19:35 3:36	27:31 7:56	32:08 4:37	39:08 7:00	43:05 3:57	48:05 5:00	52:06 4:01	56:11 <b>4:05</b>
4		<b>Adorján, Péter</b> Berliner Turnerscha	<b>1:06:18</b>	6:12 6:12	8:53 <b>2:41</b>	10:51 <b>1:58</b>	12:59 2:08	15:57 <b>2:58</b>	16:43 0:46	19:50 <b>3:07</b>	27:09 7:19	31:18 4:09	37:56 6:38	42:57 5:01	47:41 <b>4:44</b>	52:54 5:13	57:16 4:22
5		<b>Nedoborovsky, And</b> Volkssport 09	<b>1:07:14</b>	3:34 3:34	6:45 3:11	9:06 2:21	10:54 1:48	14:13 3:19	15:00 0:47	18:48 3:48	26:28 7:40	30:54 4:26	37:29 6:35	41:29 4:00	46:22 4:53	50:28 4:06	57:17 6:49
6		<b>Bahrenberg, Ralf</b> Volkssport 06	<b>1:07:51</b>	3:15 3:15	6:48 3:33	9:10 2:22	11:33 2:23	15:20 3:47	16:10 0:50	20:04 3:54	28:09 8:05	32:59 4:50	40:38 7:39	44:42 4:04	49:58 5:16	54:21 4:23	58:54 4:33
7		<b>Walter, Volker</b> SV IHW Alex 78 Berl	<b>1:08:23</b>	2:58 2:58	5:56 2:58	8:17 2:21	10:18 2:01	13:33 3:15	14:25 0:52	18:15 3:50	26:38 8:23	31:27 4:49	39:15 7:48	43:36 4:21	49:05 5:29	53:55 4:50	58:59 5:04
8		<b>Hanßke, Bengt</b> MTK Bad Harzburg	<b>1:09:11</b>	2:55 2:55	5:45 2:50	<b>7:46</b> 2:01	<b>9:32</b> 1:46	<b>12:31</b> 2:59	<b>13:14</b> 0:43	16:52 3:38	<b>24:05</b> <b>7:13</b>	<b>28:05</b> <b>4:00</b>	<b>34:35</b> <b>6:30</b>	40:31 5:56	45:22 4:51	49:47 4:25	1:00:29 10:42
9		<b>Christ, Tobias</b> Volkssport 06	<b>1:11:45</b>	5:45 5:45	9:00 3:15	11:26 2:26	13:50 2:24	17:26 3:36	18:12 0:46	21:52 3:40	29:53 8:01	33:58 4:05	40:46 6:48	45:09 4:23	50:13 5:04	56:03 5:50	1:00:35 4:32
10		<b>Siebert, Tinko</b> OLV Potsdam	<b>1:17:03</b>	3:24 3:24	7:21 3:57	9:45 2:24	11:50 2:05	15:30 3:40	16:21 0:51	19:58 3:37	30:45 10:47	35:32 4:47	44:03 8:31	48:47 4:44	54:33 5:46	59:56 5:23	1:05:45 5:49
11		<b>Schmidt, Olaf</b> TSC Strausberg	<b>1:40:55</b>	8:42 8:42	12:19 3:37	17:02 4:43	21:16 4:14	26:27 5:11	27:26 0:59	31:48 4:22	41:03 9:15	46:36 5:33	56:11 9:35	1:01:24 5:13	1:08:15 6:51	1:15:08 6:53	1:27:25 12:17
12		<b>Fischer, Christian</b> OK Mark Brandenb	<b>1:43:59</b>	11:41 11:41	15:15 3:34	19:55 4:40	25:10 5:15	29:34 4:24	30:32 0:58	34:44 4:12	43:13 8:29	48:58 5:45	59:13 10:15	1:04:10 4:57	1:10:13 6:03	1:18:12 7:59	1:30:15 12:03
13		<b>Winterfeldt, Stefan</b> SV IHW Alex 78 Berl	<b>1:55:30</b>	5:51 5:51	10:46 4:55	15:16 4:30	20:49 5:33	26:36 5:47	27:51 1:15	34:09 6:18	46:00 11:51	53:47 7:47	1:05:49 12:02	1:14:12 8:23	1:22:09 7:57	1:29:01 6:52	1:40:08 11:07
14		<b>Mache, Thomas</b> OLV Potsdam	<b>1:56:26</b>	14:58 14:58	19:32 4:34	23:05 3:33	27:09 4:04	32:53 5:44	34:50 1:57	40:23 5:33	52:09 11:46	1:01:35 9:26	1:11:29 9:54	1:18:33 7:04	1:26:32 7:59	1:34:43 8:11	1:41:44 7:01

Pl	tnr	Name	Zeit														
<b>H45 (Herren ab 45) (15)</b>				<b>8,4 km 200 Hm</b>				<b>16 P</b>		<i>(Forts.)</i>							
				1(142) 15(122)	2(110) 16(199)	3(105) Ziel	4(101)	5(118)	6(108)	7(117)	8(138)	9(125)	10(133)	11(139)	12(147)	13(150)	14(104)
		<b>Martsyniv, Andriy</b> <b>Volkssport 08</b>	<b>N Ang</b>														
<b>H50 (Herren ab 50) (13)</b>				<b>8,4 km 200 Hm</b>				<b>16 P</b>									
				1(142) 15(122)	2(110) 16(199)	3(105) Ziel	4(101)	5(118)	6(108)	7(117)	8(138)	9(125)	10(133)	11(139)	12(147)	13(150)	14(104)
1		<b>Schütze, Mirko</b> <b>OLV Potsdam</b>	<b>58:33</b>	2:52 2:52 <b>56:08</b>	6:00 3:08 <b>58:04</b>	8:10 2:10 <b>58:33</b>	9:56 1:46	12:53 2:57	13:41 0:48	16:59 3:18	24:11 7:12	28:15 4:04	34:30 <b>6:15</b>	38:22 3:52	42:52 4:30	46:24 <b>3:32</b>	<b>50:20</b> <b>3:56</b>
2		<b>Jobst, Henry</b> <b>Kaulsdorfer OLV Be</b>	<b>59:34</b>	5:48 3:13 3:13 57:14 <b>5:28</b>	1:56 6:13 3:00 59:08 1:54	0:29 8:22 2:09 59:34 <b>0:26</b>	10:17 1:55	13:30 3:13	14:12 <b>0:42</b>	17:12 <b>3:00</b>	24:40 7:28	28:32 <b>3:52</b>	34:59 6:27	38:26 <b>3:27</b>	42:55 4:29	47:07 4:12	51:46 4:39
3		<b>Wetzel, Hendryk</b> <b>SV Robotron Dresden</b>	<b>1:00:28</b>	3:00 5:32 57:57 5:32	<b>5:43</b> 1:52 59:49 1:54	8:06 2:23 1:00:28 0:39	<b>9:31</b> <b>1:25</b>	<b>12:11</b> <b>2:40</b> 4:55	<b>12:55</b> 0:44 49:16	<b>15:58</b> 3:03 59:01	<b>23:06</b> 7:08 59:20	<b>27:19</b> 4:13 59:20	<b>33:51</b> 6:32 3:30	<b>37:21</b> 3:30 4:22	<b>41:43</b> 4:22 3:52	<b>45:35</b> 3:52 6:50	52:25 6:50
4		<b>Lenk, Andreas</b> <b>USV TU Dresden</b>	<b>1:03:27</b>	2:51 2:51 1:01:09 5:48	5:49 2:58 1:02:59 <b>1:50</b>	<b>7:49</b> <b>2:00</b> 1:03:27 0:28	11:19 3:30	14:11 2:52 52:34 <b>*102</b>	15:00 0:49	18:35 3:35	25:54 7:19	29:46 <b>3:52</b>	36:25 6:39	39:57 3:32	44:30 4:33	48:48 4:18	55:21 6:33
5		<b>Forberg, Matthias</b> <b>SV IHW Alex 78 Berl</b>	<b>1:08:44</b>	3:31 3:31 1:06:02 7:36	6:46 3:15 1:08:18 2:16	9:28 2:42 1:08:44 0:26	11:51 2:23	15:12 3:21	16:03 0:51	19:30 3:27	27:35 8:05	32:40 5:05	39:54 7:14	44:12 4:18	49:02 4:50	53:11 4:09	58:26 5:15
6		<b>Röhner, Uwe</b> <b>SV IHW Alex 78 Berl</b>	<b>1:12:25</b>	3:06 3:06 1:09:38 8:12	7:08 4:02 1:11:46 2:08	9:40 2:32 1:12:25 0:39	12:09 2:29	15:55 3:46	16:46 0:51	20:31 3:45	29:04 8:33	33:42 4:38	42:41 8:59	46:52 4:11	52:31 5:39	56:51 4:20	1:01:26 4:35
7		<b>Rabe, Frank</b> <b>SV Sedlitz BW 90</b>	<b>1:14:10</b>	3:04 3:04 1:10:59 7:59	6:44 3:40 1:13:27 2:28	9:06 2:22 1:14:10 0:43	11:35 2:29	15:43 4:08	16:44 1:01	20:36 3:52	29:54 9:18	34:54 5:00	42:49 7:55	46:58 4:09	52:58 6:00	58:10 5:12	1:03:00 4:50
8		<b>Hellmann, René</b> <b>USV TU Dresden</b>	<b>1:16:49</b>	3:12 3:12 1:13:37 8:07	6:40 3:28 1:16:13 2:36	8:59 2:19 1:16:49 0:36	11:20 2:21	15:15 3:55	16:32 1:17	21:09 4:37	30:26 9:17	35:40 5:14	44:26 8:46	48:58 4:32	55:02 6:04	1:00:02 5:00	1:05:30 5:28
9		<b>Rabe, Jens</b> <b>SV Sedlitz BW 90</b>	<b>1:19:34</b>	3:12 3:12 1:16:03 7:54	6:29 3:17 1:18:49 2:46	8:57 2:28 1:19:34 0:45	11:08 2:11	15:08 4:00	16:08 1:00	20:31 4:23	30:12 9:41	37:31 7:19	46:09 8:38	51:01 4:52	57:33 6:32	1:02:48 5:15	1:08:09 5:21
10		<b>Günther, Dirk</b> <b>Kaulsdorfer OLV Be</b>	<b>1:22:39</b>	2:23 2:23 1:19:30 6:39	6:42 4:19 1:21:55 2:25	9:18 2:36 1:22:39 0:44	11:22 2:04	15:04 3:42	16:32 1:28	20:24 3:52	29:02 8:38	38:01 8:59	47:15 9:14	53:37 6:22	1:00:16 6:39	1:06:25 6:09	1:12:51 6:26
11		<b>Braatz, Frank</b> <b>SV IHW Alex 78 Berl</b>	<b>1:36:14</b>	4:14 4:14 1:32:36 9:19	9:01 4:47 1:35:23 2:47	12:02 3:01 1:36:14 0:51	14:22 2:20	19:04 4:42	20:04 1:00	24:54 4:50	36:18 11:24	42:33 6:15	53:03 10:30	58:24 5:21	1:10:09 11:45	1:16:19 6:10	1:23:17 6:58
12		<b>Pettersen, Vidar</b> <b>Larvik OK</b>	<b>1:40:00</b>	8:11 8:11 1:36:05 8:22	12:35 4:24 1:39:09 3:04	16:15 3:40 1:40:00 0:51	18:26 2:11	23:01 4:35	24:14 1:13	29:09 4:55	40:38 11:29	46:35 5:57	57:21 10:46	1:02:54 5:33	1:09:55 7:01	1:15:37 5:42	1:27:43 12:06
13		<b>Knaack, Mario</b> <b>OK Mark Brandenb</b>	<b>1:56:40</b>	5:52 5:52 1:52:50 12:04	11:01 5:09 1:55:59 3:09	14:39 3:38 1:56:40 0:41	20:31 5:52	26:28 5:57	27:51 1:23	33:48 5:57	47:45 13:57	55:15 7:30	1:07:55 12:40	1:15:09 7:14	1:24:10 9:01	1:32:30 8:20	1:40:46 8:16
<b>H55 (Herren ab 55) (14)</b>				<b>7,2 km 130 Hm</b>				<b>18 P</b>									
				1(110) 15(143)	2(105) 16(104)	3(137) 17(116)	4(118) 18(199)	5(146) Ziel	6(113)	7(111)	8(133)	9(128)	10(126)	11(125)	12(130)	13(147)	14(150)
1		<b>Bretschneider, Uw</b> <b>Kaulsdorfer OLV Be</b>	<b>47:49</b>	2:27 2:27 <b>37:18</b>	4:24 <b>1:57</b> <b>39:42</b>	7:25 3:01 <b>46:05</b>	8:40 <b>1:15</b> <b>47:11</b>	9:53 <b>1:13</b> <b>47:49</b>	12:35 2:42	14:25 1:50	18:59 <b>4:34</b>	23:24 4:25	24:22 0:58	27:05 <b>2:43</b>	29:26 <b>2:21</b>	30:41 <b>1:15</b>	33:57 <b>3:16</b>
2		<b>Gossel, Heiko</b> <b>USV TU Dresden</b>	<b>50:24</b>	3:21 2:45 2:45 39:11 <b>3:07</b>	2:24 4:43 1:58 41:42 2:31	6:23 7:42 <b>2:59</b> 48:40 6:58	1:06 9:06 1:24 49:44 1:04	0:38 10:24 1:18 50:24 0:40	13:11 2:47	15:06 1:55	20:21 5:15	24:36 <b>4:15</b>	25:27 0:51	28:14 2:47	30:47 2:33	32:07 1:20	36:04 3:57
3		<b>Demmig, Sven</b> <b>Kaulsdorfer OLV Be</b>	<b>57:37</b>	2:43 2:43 45:56 3:08	5:02 2:19 48:40 2:44	13:52 8:50 56:20 7:40	15:25 1:33 57:05 <b>0:45</b>	16:40 1:15 57:37 <b>0:32</b>	19:20 <b>2:40</b>	21:14 1:54	25:56 4:42	30:50 4:54	31:40 <b>0:50</b>	34:29 2:49	37:02 2:33	38:27 1:25	42:48 4:21





Pl	tnr	Name	Zeit	4,7 km 120 Hm							11 P			Ziel	
				1(123)	2(110)	3(148)	4(146)	5(117)	6(115)	7(133)	8(139)	9(126)	10(135)	11(199)	
<b>H70 (Herren ab 70) (2)</b>															
1		Kremer, Christian	1:02:33	6:20	9:40	14:57	18:07	23:02	28:02	34:58	40:50	43:57	49:49	55:59	1:02:33
		ESV Lok Berlin-Sch		6:20	3:20	5:17	3:10	4:55	5:00	6:56	5:52	3:07	5:52	6:10	6:34
		Plötz, Gerhard	N Ang												
		OLV Potsdam													
<b>OffK (Offen Kurz) (9)</b>															
				2,8 km 30 Hm				9 P				Ziel			
				1(144)	2(140)	3(107)	4(103)	5(124)	6(135)	7(141)	8(116)	9(199)			
1		Rabe, Silke	30:55	8:20	9:51	14:20	17:18	19:34	22:03	27:23	28:45	30:12	30:55		
		SV Sedlitz BW 90		8:20	1:31	4:29	2:58	2:16	2:29	5:20	1:22	1:27	0:43		
2		Dobra, Beate	31:14	5:44	8:09	13:22	19:44	22:10	24:30	27:54	29:14	30:24	31:14		
		SV Bad Dübén		5:44	2:25	5:13	6:22	2:26	2:20	3:24	1:20	1:10	0:50		
3		Knickmeier, Julia	32:32	6:53	8:44	13:49	18:47	21:02	23:58	28:59	30:17	31:46	32:32		
		TSC Strausberg		6:53	1:51	5:05	4:58	2:15	2:56	5:01	1:18	1:29	0:46		
4		Nedoborovsky, Ivan	36:55	7:38	9:45	15:21	19:43	23:52	27:22	32:21	34:37	36:07	36:55		
		Volkssport 09		7:38	2:07	5:36	4:22	4:09	3:30	4:59	2:16	1:30	0:48		
5		Hanßke, Lotta	44:53	14:16	17:27	23:18	27:31	30:15	34:37	39:22	41:23	43:22	44:53		
		MTK Bad Harzburg		14:16	3:11	5:51	4:13	2:44	4:22	4:45	2:01	1:59	1:31		
6		Knickmeier, Martin	48:12	9:46	12:59	20:36	25:24	31:11	36:07	41:05	43:36	46:15	48:12		
		TSC Strausberg		9:46	3:13	7:37	4:48	5:47	4:56	4:58	2:31	2:39	1:57		
7		Hanßke, Finn	49:17	10:21	14:38	21:21	26:57	30:49	35:40	42:35	45:22	47:53	49:17		
		MTK Bad Harzburg		10:21	4:17	6:43	5:36	3:52	4:51	6:55	2:47	2:31	1:24		
8		Herold, Silke	56:25	11:10	15:29	26:00	33:45	37:40	42:14	49:08	52:29	54:54	56:25		
		Kaulsdorfer OLV Be		11:10	4:19	10:31	7:45	3:55	4:34	6:54	3:21	2:25	1:31		
9		Dalüge, Beate	56:53	8:00	10:58	20:12	30:32	34:30	38:12	50:58	53:26	55:24	56:53		
		SV IHW Alex 78 Berl		8:00	2:58	9:14	10:20	3:58	3:42	12:46	2:28	1:58	1:29		
<b>OffL (Offen Lang) (15)</b>															
				5,8 km 130 Hm				11 P				Ziel			
				1(144)	2(137)	3(118)	4(109)	5(131)	6(106)	7(128)	8(130)	9(114)	10(134)	11(199)	
1		Raml, Nevio	51:41	3:23	6:58	9:01	12:37	18:09	25:25	30:50	35:05	45:34	48:16	51:15	51:41
		SV IHW Alex 78 Berl		3:23	3:35	2:03	3:36	5:32	7:16	5:25	4:15	10:29	2:42	2:59	0:26
2		Yurpalov, Anton	59:57	5:03	9:27	11:40	15:04	22:28	31:31	36:51	41:34	52:50	55:57	59:12	59:57
		Volkssport 02		5:03	4:24	2:13	3:24	7:24	9:03	5:20	4:43	11:16	3:07	3:15	0:45
3		Yurpalova, Alena	1:03:49	4:37	9:12	11:34	15:59	22:45	31:23	36:34	40:35	54:06	56:12	1:03:01	1:03:49
		Volkssport 02		4:37	4:35	2:22	4:25	6:46	8:38	5:11	4:01	13:31	2:06	6:49	0:48
4		Edelhäuser, Frank	1:03:50	5:09	10:53	13:22	18:51	27:05	35:14	41:44	46:05	57:20	1:00:02	1:02:56	1:03:50
		Volkssport 04		5:09	5:44	2:29	5:29	8:14	8:09	6:30	4:21	11:15	2:42	2:54	0:54
5		Lückmann, Heiko	1:04:28	4:34	8:44	10:54	14:56	22:39	31:43	43:01	47:39	57:51	1:00:27	1:03:27	1:04:28
		SV Sedlitz BW 90		4:34	4:10	2:10	4:02	7:43	9:04	11:18	4:38	10:12	2:36	3:00	1:01
6		Koessler, Wolfgang	1:11:40	5:33	12:42	15:36	20:27	29:28	41:20	48:46	54:12	1:05:30	1:07:43	1:11:04	1:11:40
		Volkssport 12		5:33	7:09	2:54	4:51	9:01	11:52	7:26	5:26	11:18	2:13	3:21	0:36
7		Wojnowska, Marta	1:16:09	5:27	11:13	13:57	19:10	28:44	38:02	49:02	54:27	1:07:55	1:11:22	1:15:03	1:16:09
		TSV Karlshorst		5:27	5:46	2:44	5:13	9:34	9:18	11:00	5:25	13:28	3:27	3:41	1:06
8		Kharitonov, Oleg	1:17:28	5:51	12:28	15:41	23:24	33:48	45:36	52:31	57:16	1:09:44	1:12:58	1:16:43	1:17:28
		SV IHW Alex 78 Berl		5:51	6:37	3:13	7:43	10:24	11:48	6:55	4:45	12:28	3:14	3:45	0:45
9		Schubert, Juliane	1:20:08	4:50	10:58	17:26	23:26	32:07	41:43	48:17	52:37	1:08:11	1:10:54	1:19:32	1:20:08
		OLV Potsdam		4:50	6:08	6:28	6:00	8:41	9:36	6:34	4:20	15:34	2:43	8:38	0:36
10		Mamadov, Alidzhon	1:22:12	4:54	14:48	17:15	22:12	29:37	53:40	58:33	1:02:17	1:14:50	1:17:17	1:21:34	1:22:12
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